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### **Fire Fighters – Ready to Help!**

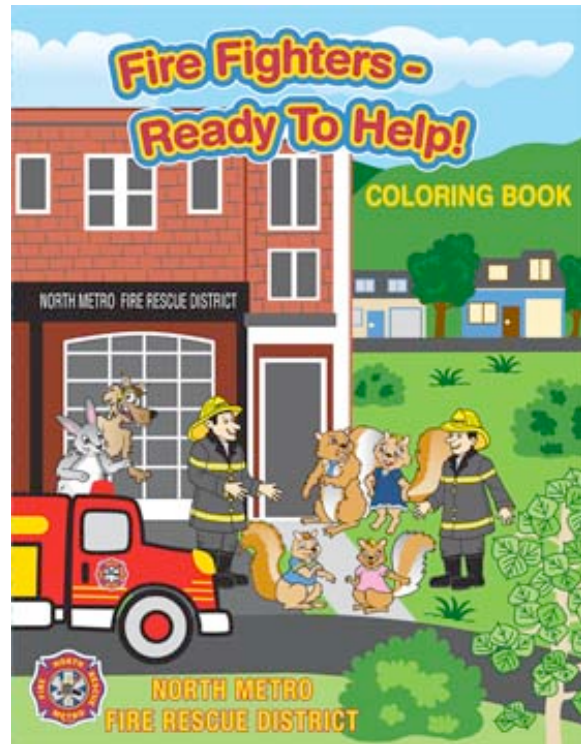
#### **Northglenn/Broomfield,**

**CO**—Just in time for the holiday season, North Metro fire fighters are giving out a new gift to visitors who attend a scheduled tour at one of North Metro Fire Rescue District’s six fire stations. “Fire Fighters – Ready to Help!” is a twelve-page, custom coloring book designed for kids!

“The purpose of this new coloring book is to help kids, even preschoolers, understand some basic life saving skills in

a fun and inviting format,” explains Wendy Forbes, Public Information Officer with North Metro Fire Rescue District. “Every child attending a tour will receive one free to take home from their visit.”

So what can you expect on your tour? Tours are an excellent way to gain first-hand knowledge about the daily life in a fire station. Upon arrival, visitors are greeted by



a “tour guide” that also happens to be a firefighter at that station. The visit starts inside the station with a peek at where your firefighters live and sleep when they are on-duty.

Then your group will see bunker rooms, living areas, exercise or training facilities and more! Then you’ll go to the bay area to see the trucks. Groups get plenty of time to ask questions and see the equipment close up.

Finally, as firefighters show their bunker gear (special clothes worn to protect them from a fire) and fully outfit themselves, every aged visitor in your group will learn to recognize a firefighter as a “safe” person who may help them escape from a fire.

If you want to schedule a free tour, contact North Metro Fire Rescue at (303) 452-9910. You will need to schedule your tour time a minimum of two weeks in advance. While North Metro loves to help make a child’s birthday special, the department will only provide tours for these groups, not a party. In addition, children must be 3 years or older and accompanied by an adult.

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**About North Metro Fire Rescue District**

North Metro Fire Rescue is dedicated to your quality care. North Metro Fire Rescue provides fire protection, emergency medical services, hazardous materials response and rescue services to our community. Formed in 1946, the district now covers 63 square miles with a population of approximately 103,000 people including the City and County of Broomfield, the City of Northglenn and unincorporated areas of Boulder, Adams and Jefferson Counties.